

## What is the course about?

This is a 'Life and Work Skills' course for students with learning difficulties and disabilities.

The Essential Skills for Life and work are – communication skills, awareness of personal safety, personal hygiene, making choices, managing our own behaviour, time management, following instructions, following and changing routines, taking responsibility and problem solving.

These are the underpinning skills for independence and work.

## What are the entry requirements?

There are no formal entry requirements. Students who attend the course have previously attended a Special Unit at one of the Island's High Schools.

## What subjects will I study?

The course focusses on developing Life and Work skills through different styles of learning. Students will take part in outdoor pursuits, work experience placements, community studies, healthy living and speaking with confidence sessions. Simple meal preparation, making purchases, current affairs, literacy and numeracy are integrated into sessions. Advocacy is also an optional part of the timetable and is provided by the UK charity United Response.

## How will I be assessed?

All students on General Studies are given individual objectives which are broken down into achievable targets. These objectives/targets are based on the Essential Skills curriculum and individual to each student. Progress towards meeting these objectives/targets are recorded during sessions. New objectives/targets are set once students have achieved.

Other awards that can be achieved are English Speaking Board qualifications in communication and a basic first aid certificate delivered by St John Ambulance.

## What are my progression and career options?

Students who complete the first year of General Studies usually stay on into the second year. Some students may move into the Annie Gill café in the second year. Part time life skills provision is available for students post 18 years. Many students move on to day services provision provided by Social Services. Other students may progress from their work placement into paid employment.

## Who should I contact?

Please contact Alison Higson – Programme Manager for Foundation Learning on 648238 or email [applications@ucm.ac.im](mailto:applications@ucm.ac.im)