

What is the course about?

It is a two-year, full-time course that can be the equivalent to three A Levels. Covering a wide range of knowledge and skills required to work in the sport, fitness and coaching sector (see below (Subjects), it can also meet the entry requirements for learners who want to progress to higher education courses in sport before entering employment.

You will also have the opportunity to:

- Opportunity to study and compare the Sport Industry in the UK
- Develop your Coaching and Leadership skills in a practical way
- Get involved in organising major Manx sporting events
- Achieve National Governing Body Coaching and Officiating Qualifications
- Opportunity to Prepare yourself for a Career in Sport

What are the entry Requirements?

- 5 GCSE Grade C Passes including maths and English.
- Evidence of a genuine passion for sport
- A clear ambition to develop a career in Sport or study sport in higher education

What Subjects will I study?

Over the two years you will study 10 Mandatory and 4 Optional Modules including:-

- Anatomy & Physiology
- Fitness Training and Programming for Health, Sport and Well-Being
- Development and Provision of Sport and Physical Activity
- Investigating Business in Sport and the Active Leisure Industry
- Professional Development in the Sport Industry
- Sports Leadership
- Practical Sports Performance
- Coaching for Performance
- Research Methods in Sport
- Skill Acquisition in Sport
- Sports Event Organisation

How will I be assessed?

A combination of coursework, projects and exams.

cont.

What are my progression and career options?

Commence employment in the sports industry through a range of career pathways including, a personal trainer, gym instructor, and coach and sport development officer. Continue into higher education to study for a Sports related degree.

Who should I contact?

All enquiries relating to this course are to be directed to Karen Smith on 648203 or by email to karen.smith@ucm.ac.im